

2026



SCHOOL OF PHYSICS THREE MINUTE THESIS (3MT) COMPETITION

3MT is a research communication competition that challenges students to communicate their research in a simple, engaging, and meaningful way, so that even audiences outside their field can understand the research and its significance.

✓ Run presentation in just 3 minutes

✓ Speak confidently in delivering your ideas

✓ Talk clearly to convince the audience

Cash prize and certificate await for each PhD and Master's category!

1st prize : RM500 + certificate

2nd prize : RM400 + certificate

3rd prize : RM300 + certificate

Consolation prize : RM100 + certificate

Submit your participation now



<https://forms.cloud.microsoft/r/sWLwbvXtBC>

**Submission
deadline**

30 October 2026

Terms & Conditions

General Rules

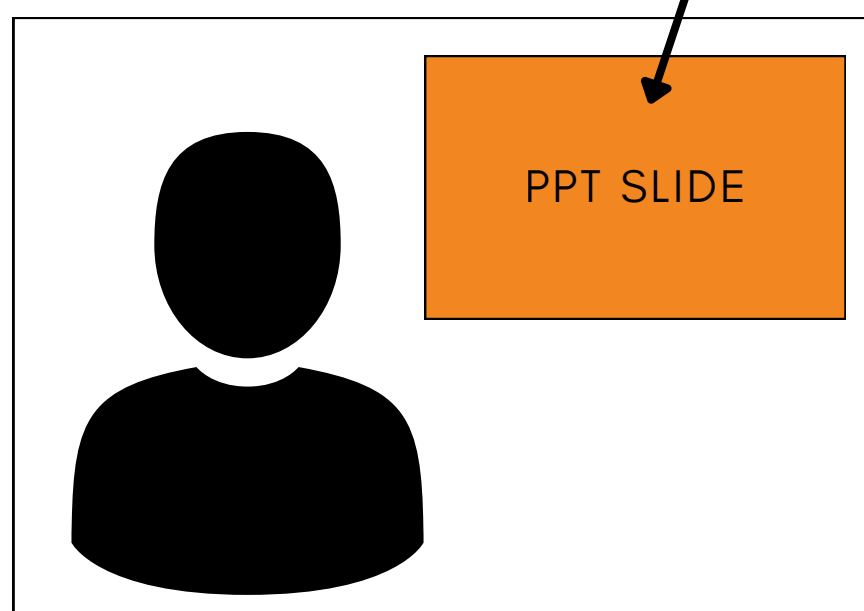
The 3MT competition is open to:

1. An active POSTGRADUATE students of **RESEARCH mode / COURSEWORK mode / MIXED mode**; and
2. Those who have been endorsed as GRADUATED either before/during the competition are automatically disqualified. Qualified participants will be notified via email.
3. Presentations are limited to 3 minutes and participants exceeding 3 minutes are disqualified.
4. Presentations are considered to have commenced when participants start their presentation through speech (timing does not include the 3MT title slide and commences from when the participants start speaking, not the start of the video).
5. A single static slide is permitted in the presentation (no slide transitions, animations or 'movement' of any description). This slide must be made visible continuously throughout the presentation.
6. The 3-minute audio must be continuous - no sound edits or breaks.
7. No additional props (e.g. costumes, musical instruments, laboratory equipment and animated backgrounds) are permitted within the recording. Presentations are to be spoken word (e.g. no poems, raps or songs).
8. No additional electronic media (e.g. sound and video files) are permitted within the video recording.
9. The decision of the adjudicating panel is final.

Video Criteria

Videos must meet the following criteria:

- Filmed on the horizontal (landscape).
- Filmed on a plain white background.
- Filmed from a static position.
- Filmed from one camera angle.
- Contains a one-page 3MT PowerPoint slide (top right corner/right side/cut to).



Slide Criteria

Before you start work on your slide, you should take the following rules into account:

- One single static PowerPoint slide is permitted in the presentation;
- No slide transitions, animations or 'movement' of any description are permitted;
- Do not use a transparent background on the slide;
- No additional electronic media (e.g. sound and video files) are permitted.

Suggestions

You may like to consider some of the following suggestions.

- Less is more: text and complicated graphics can distract your audience - you don't want them to read your slide instead of listening to your 3MT.
- Personal touches: personal touches can allow your audience to understand the impact of your research.
- Creativity drives interest: do not rely on your slide to convey your message - it should simply complement your oration.
- Work your message: think about how your slide might be able to assist with the format and delivery of your presentation - is there a metaphor that helps explain your research?
- An engaging visual presentation can make or break any oration, so make sure your slide is legible, clear and concise.

- The presentation should clearly provide the research background.
- The key results of the research must be clearly described.
- The presentation should follow a logical and coherent sequence.
- The research significance and outcomes should be effectively communicated.
- Sufficient background information must be provided to ensure audience understanding.
- Adequate time should be allocated to each element of the presentation.
- The presenter should make an effort to entice and engage the audience.
- Appropriate emphasis should be given to the main research findings.
- The presenter should convey enthusiasm and passion for the research topic.
- The presentation should capture and maintain the audience's attention throughout.
- The presenter should demonstrate sufficient stage presence and confidence.
- The participant should enhance the overall quality of the presentation through delivery, visuals, and expression.

**Judging
Criteria**